

Southern Dharma Celebration

Brighton 17th - 19th April 2009



Buddha Shakyamuni Empowerment



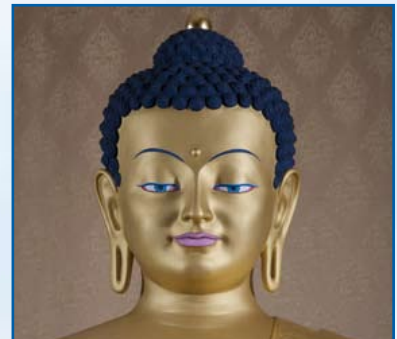
At this year's Southern Dharma Celebration, inspired by Venerable Geshe Kelsang Gyatso, Gen-la Khyenrab will grant the empowerment of Buddha Shakyamuni. He will also give teachings on how to overcome the three poisons, ignorance, attachment and anger and find permanent inner peace.



Gen-la Khyenrab is the Deputy Spiritual Director of the NKT-IKBU and the Resident teacher at Manjushri KMC. Gen-la Khyenrab has practised Kadampa Buddhism since 1980 under the guidance of his Spiritual Guide Venerable Geshe Kelsang Gyatso. His teachings, humility and kindness exemplify the essence of the Buddhist way of life.



Receiving the blessings of Buddha Shakyamuni will help us to develop the wisdom that we need in order to see where our suffering and problems are coming from. Buddha taught that all suffering comes from the three poisons and that by overcoming these inner enemies in our mind we will solve all our daily problems.



Bodhisattva Centre

This year's Southern Dharma Celebration is hosted by Bodhisattva Centre in Brighton. The Centre is a large residential Centre situated on two acres of grounds and is a short walk from the city centre and beach. Bodhisattva Centre



offers comfortable accommodation, excellent facilities and a great atmosphere. Everyone is welcome to join us on Friday and Saturday evenings in our cafés for hot food and drinks. There is also a beautiful garden where you can relax.

The venue

The celebration will take place at the Hove Centre, Norton Road, Hove which is a 15 minute walk from Bodhisattva Centre. There are numerous places to eat and drink on the way. Hove train station is the nearest station.

Timetable

The weekend will start with an introduction on Friday evening at 7:30pm and end Sunday lunchtime. A more detailed timetable will be provided when you register.

Bookings

Book online by credit or debit card at www.meditateinbrighton.com/sdc or by post. Cheques are payable to Bodhisattva Centre.

Parking

Parking can only be provided at Bodhisattva Centre for disabled badge holders. You can drop your luggage off at the Centre then park at Norton Road Car Park opposite the venue. The car park charges are £3.50 per day.

Southern Dharma Celebration 2009

Booking Form

Bookings open Monday January 19th 2009.

Contact details

First Name _____ Second Name _____

Gender F M

Street Address _____

Town/City _____

Post Code _____ Country _____

Telephone _____ NKT Centre _____

Accommodation

Single room £140

Twin room (per person) £120

Basic Dorm (bring sleeping bag) £85

Indoor camping (bring camping mat and bedding) £80

Camping £75

Non-residential £55

Saturday only £35

Backup options - if the accommodation you booked is not available will you accept: Basic dormitory Indoor Camping Camping

Payment

I enclose full payment of £____, or deposit of 25%

Credit / Debit card Payment:

Card No: _____ / _____ / _____ / _____

Expiry Date: ____ / ____ Start Date: ____ / ____ Issue No: ____

Security Code: _____

Information Required

Local Accommodation

Directions to Bodhisattva Centre and venue

I require disabled parking at Bodhisattva Centre

Please use one booking form per person.

Bodhisattva Centre, 3 Lansdowne Road, Brighton & Hove, BN3 1DN
Phone: (01273) 732 917 E-mail: info@meditateinbrighton.com